



Referral process

A referral is required to access the physiotherapy service. If your injury is covered by ACC, you need to meet one or more of our entry criteria to the service:

- A community service cardholder
- Have a referral from a consultant or specialist

Referrals for hand therapy, pain programmes, activity programmes and serious injury clients are accepted. For non ACC patients, a referral is required from your GP, specialist or other Taranaki DHB health professional.

We also accept referrals from external agencies such as independent midwives, Access Ability and support group field officers. All referrals are prioritised by a senior physiotherapist and you will be contacted as soon as an appointment becomes available.

Treatment cost

There is no charge for physiotherapy at Taranaki Base Hospital or Hawera Hospital. Treatment is either funded by ACC or Taranaki DHB depending on your condition. Some cost may be involved if you wish to purchase specialised equipment such as orthotics.

Contracts held with ACC

- Physiotherapy Services
- Pain Management Services
- Hand Therapy.



Contact Us

Taranaki Base Hospital Physiotherapy Department
Level 2
David Street
06 753 7742

Hawera Hospital Physiotherapy Department
1 Hunter street
06 278 9903

Opening Hours
8am-4.30pm Monday to Friday

Health and Disability Services Consumers' Code of Rights
Information for this is available in reception or by contacting the commission's office on 0800 11 22 33.

Website
www.tdhib.org.nz/services/physiotherapy/physiotherapy.shtml

Published: Communications Team
Responsibility: Physiotherapy
Date Published: September 2008
Last Reviewed: May 2018
Version: 3

TDHB 03-2018

TARANAKI
District Health Board

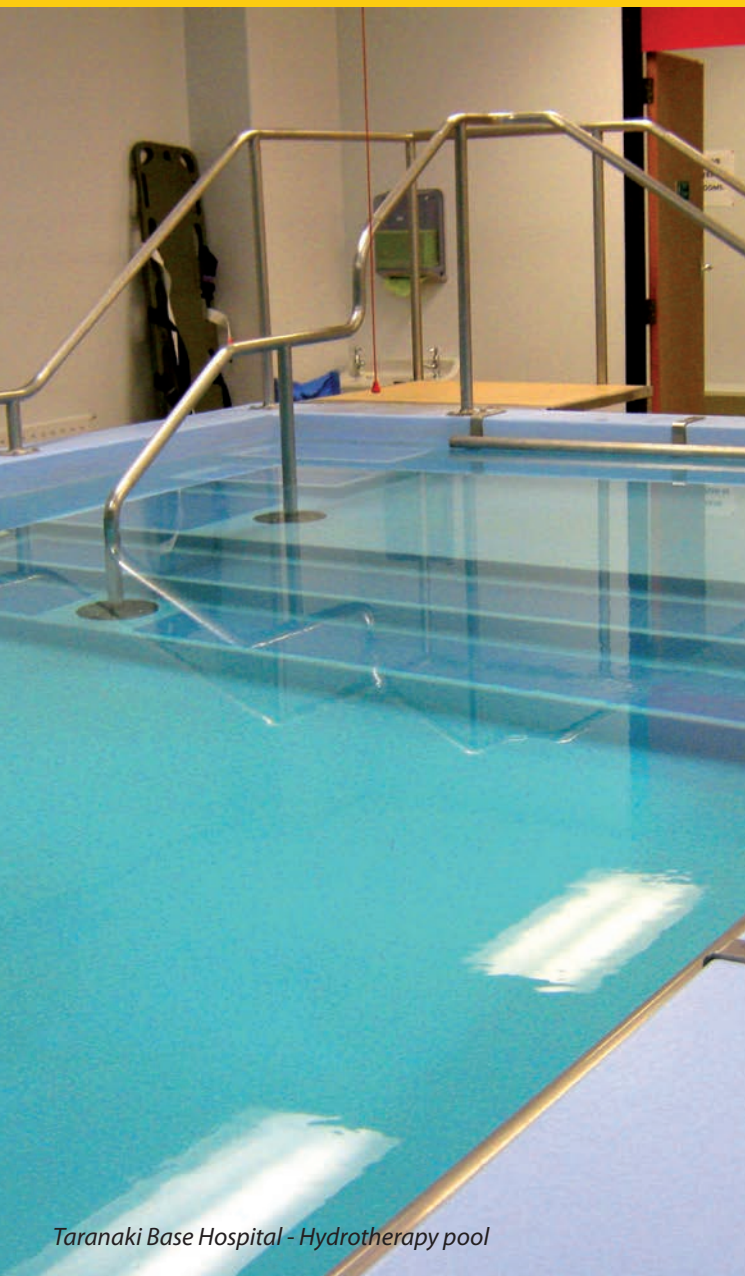
Physiotherapy

MUSCULOSKELETAL OUTPATIENTS



ACC Contracted Provider

Taranaki Together, a Healthy Community
Taranaki Whānui He Rohe Oranga



Taranaki Base Hospital - Hydrotherapy pool

What is physiotherapy?

Physiotherapists help people move and participate in life and in their communities, especially when movement and function are threatened by aging, injury, disability or disease.

Our services include but are not limited to:

- Musculoskeletal injuries and conditions
- Back and neck pain
- Headaches and whiplash
- Occupational injuries
- Post operative rehabilitation
- Arthritis
- Sports injuries
- Chronic pain management
- ACC and non ACC related injuries

What treatment may involve

- Exercise programmes/prescription
- Joint Mobilisation
- Manipulation
- Lifestyle advice
- Education on prevention of further injury
- Acupuncture
- Soft tissue massage
- Group rehabilitation classes
- Hydrotherapy



You may be given an optional consent for and screening questionnaire on arrival.

What to expect

All appointments will be 30 minutes. In this time your physiotherapist will take a thorough medical history, assess your needs and discuss your goals for treatment. You can help us by:

- Wearing comfortable and appropriate clothing
- Bringing important information with you, such as x-rays, medication lists, reading glasses
- Letting us know if you have any particular cultural needs
- If you have any questions, write them down as it will help you remember them

You are welcome to bring support people with you.



Taranaki Base Hospital - Physiotherapy Gym