



*Intermediate Care is a free service but please be aware that when discharged from hospital to home or to the short stay unit, medication and the provision of any specialist or small pieces of equipment incur the usual charges.*

### ■ ■ **Comments**

You are invited to complete a customer satisfaction questionnaire at the time of your discharge from the service.

If you have any other comments about Intermediate Care, in the first instance, please contact the community manager for Older People's Health at the number below or customer services via the hospital switchboard.

**If an ambulance is required this will be at your own cost.**

### ■ ■ **Contact us**

To contact the Intermediate Care team please ring (06) 753 7747.

If you are unable to attend the day clinic, please, inform the receptionist on the above telephone number.



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## Taranaki District Health Board Intermediate Care Older People's Health



*Our goal is to provide assessment, treatment and rehabilitation with the aim of enhancing independence and quality of life.*

www.tdhb.org.nz



## ■ ■ *What we do?*

Intermediate Care is part of Older People's Health, Taranaki Base Hospital, New Plymouth.

The Intermediate Care team works alongside you to aid your recovery from illness or injury or to help you manage chronic illness and disability.

We assess your health needs and abilities and provide appropriate treatment where possible. We work with you and your family/whanau to help you maintain and improve your abilities and adapt to lifestyle changes.

Your care, therapy and support may be provided at the Intermediate Care clinic, in the short stay unit or members of the team may visit you in your own home.

Intermediate Care staff work as a multi-disciplinary team. We will meet with you and any family members you wish to be involved to review your progress and goals.

## ■ ■ *Our team*

- Receptionist
- Doctor/geriatrician
- Nurse
- Physiotherapist
- Occupational therapist
- Social worker
- Therapy assistant
- Speech and language therapist
- Care assistants (short stay unit)

Your individual needs will determine which team members you see. Others who may be involved include – district nurse, dietician, continence advisor, maori health advisor, diabetes and asthma educators.

## ■ ■ *Initial assessment*

Your initial assessment will take place in the hospital ward, in your home or in the clinic. This may involve several members of the team. Your needs and goals will be discussed with you and together we will plan your ongoing treatment including any supports or services you may require when discharged.

If you are admitted to the short stay unit, you will be seen by a General Practitioner (GP) once a week during your stay. Your usual GP will be notified that you are being supported by our service and will receive information regarding your progress.

## ■ ■ *What to bring*

- Comfortable day clothes and shoes.
- Glasses, hearing aids and any walking aids.

### **If attending the clinic**

Please bring all your current medication on the first visit. From then on, just bring any medications which you require to take whilst attending the clinic.

### **If staying in the short stay unit**

- Toiletries and sleep wear.
- Personal items from home such as books and activities.
- Your current medication.