



# Alcohol & Drug Services (Outpatients)

MENTAL HEALTH & ADDICTION SERVICES

*Alcohol and Drug  
Clinicians are skilled  
in the assessment and  
treatment of people  
experiencing difficulty  
with their own and/or  
others' alcohol and  
drug use*



## ■ ■ *How do i get in touch with the Alcohol and Drug Service?*

You can refer yourself to the services in New Plymouth, or any of our regional clinics in Hawera, Opunake, Waitara or Stratford. Referrals can also be made to the services by GPs, probation officers, lawyers, courts or other health social services.

## ■ ■ *Contact Us*

### **Where do I find the Alcohol and Drug Service?**

We are based at Taranaki Base Hospital in New Plymouth

Phone: 06 753 7838      Fax: 06 758 7875

Out of town clinics:

Waitara Health Centre	Phone: 06 754 8119
Opunake Health Centre	Phone: 06 761 8777
Stratford Health Centre	Phone: 06 765 7189
Hawera Hospital	Phone: 06 278 9917

### **How do I contact the Alcohol and Drug Service?**

Appointments and enquiries for New Plymouth and out of town clinics can be made by calling our New Plymouth office at the number above.

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*Information about the free services we provide  
and how we can help you*

www.tdhb.org.nz





### Who are we?

Health professionals employed by Taranaki District Health Board to work in the area of alcohol, drug and other addictions.

### Who do the Alcohol and Drug Service work with?

We work with individuals, families and groups who have been affected by drug and alcohol use. We offer a support group on a weekly basis.

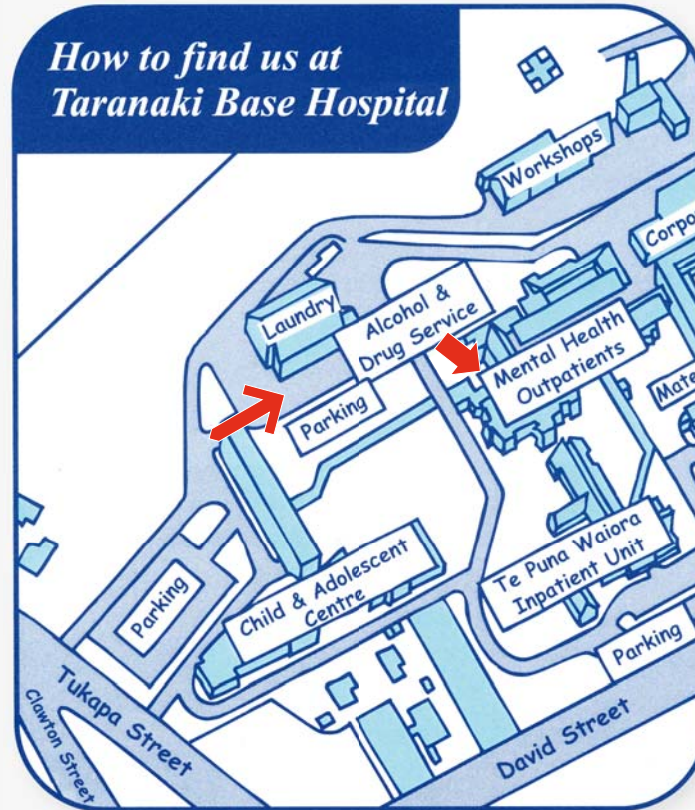
### What kind of things does the Alcohol and Drug Service do?

The Alcohol and Drug Service Team can assist you to identify areas in your life that have been affected by the use of alcohol or drugs.

They can assist you to make and maintain any changes you may make.

This includes support, education, counselling, a detoxification service and rehabilitation programmes if required.

### Map



### The Alcohol and Drug Team can assist with

- **Assessments:** Assist clients to identify the extent that drugs and alcohol have affected their lives
- **Treatment:** Assist clients to change or stop their use of alcohol or drugs
- **Relapse Prevention:** Assist clients to identify high risk situations and help them maintain changes they have made
- **Ministry of Transport Assessment:** Alcohol and Drug Services carry out assessments for the Land Transport Safety Authority in cases where people have lost their licenses under Section 65 of the Land Transport Act
- **Information and Education:** On the physical, psychological and social impacts of alcohol and drug abuse/misuse
- **Referrals:** Of clients to a range of services they may require e.g. budgeting, social skills group, cultural groups, detox service
- **Referrals to Residential Programmes:** Some clients may require a referral to a residential programme in order to make the changes they have identified
- **Methadone Programme:** Drug users with opiate dependency may be assisted with the Methadone Maintenance Programme
- **Support Groups:** Groups for men, women and concerned significant others
- **Detox:** Alcohol and Drug Service. This service may be provided in conjunction with your GP. There is detox assessment for home, and community detox. The Liaison/consult service is in relation to self-detox, home detox, community detox, and medical detox.