



*Alcohol and drug clinicians are skilled in the assessment and treatment of people experiencing difficulty with alcohol and drug use*

### ■ ■ How do I get in touch with the Alcohol & Drug Service?

You can refer to our services by contacting our New Plymouth office directly. Referrals are also accepted from GPs, Justice, Police or other social and health services.

Outreach clinics are also available in Hawera, Stratford, Opunake and Waitara.

When you are ready, please make contact with us.

### ■ ■ Contact Us

#### **Where do I find the Alcohol & Drug Service?**

We are based at Taranaki Base Hospital in New Plymouth  
Phone: 06 753 7838  
Fax: 06 753 7875  
Office hours: 8.00am - 4.30pm Monday-Friday  
Freephone: 0508 292 4672, option 6.

#### **After hours & emergency contact:**

Base Hospital: (06) 753 6139  
Assessment and Brief Care team (Crisis Team)  
Freephone: 0508 292 4672, option 1.

We consider all cultural needs in the Alcohol & Drug Service. Please tell us if you are concerned about any aspect of your treatment. We adhere to the Health & Disability Code of Practice of Consumer Rights.

#### **How do I contact the Alcohol & Drug Service?**

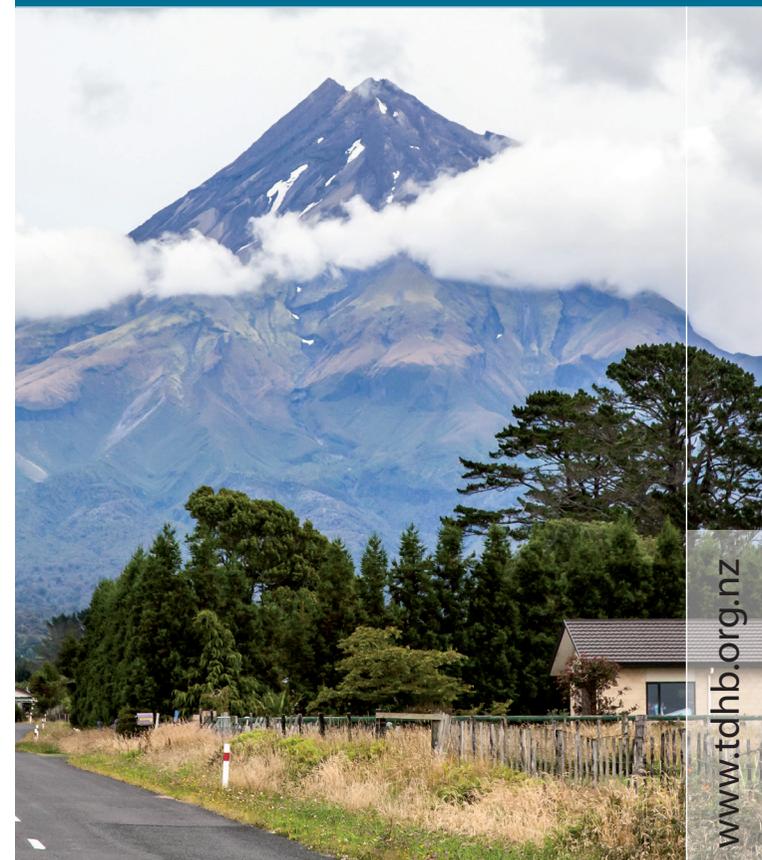
Appointments and enquiries for New Plymouth and out of town clinics can be made by calling our New Plymouth office on 06 753 7838 or freephone 0508 292 4672, option 6.  
After hours assistance:  
Alcohol & Drug Helpline 0800 787 797

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## Alcohol & Drug Services (Outpatients)

MENTAL HEALTH & ADDICTION SERVICES



*Information about the free services we provide  
and how we can help you*

www.tdhb.org.nz





## Who are we?

Health professionals employed by Taranaki District Health Board to work in the area of alcohol and substance addictions.

## Who do the Alcohol & Drug Service work with?

We work with individuals, families and groups who have been affected by alcohol and substance use. We offer a support group on a weekly basis.

## What does the Alcohol & Drug Service do?

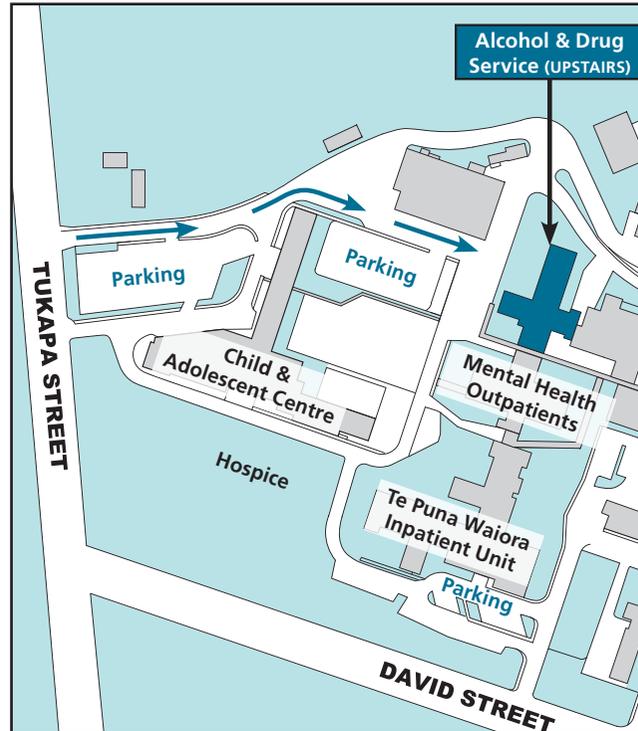
The Alcohol & Drug Service Team can assist you to be aware of the impact and consequences of alcohol and drug use and assist you to make changes.

This includes support, education, counselling, withdrawal management alongside residential rehabilitation.

We recommend and encourage you to bring family or support people with you to help support you in your recovery.

One-to-one counselling clinics are available on Tuesday nights.

## Map



## The Alcohol and Drug Team can assist with:

- **Assessments:** To identify treatment options and intervention.
- **Treatment:** Assist people to change or stop their use of alcohol or drugs.
- **Education and therapy groups:** To assist people to change or stop their use of alcohol or other drugs.

- **Relapse Prevention:** Assist people to identify high risk situations and help them maintain changes they have made.
- **Ministry of Transport Assessment:** Alcohol and Drug Services carry out assessments for the Land Transport Safety Authority in cases where people have lost their licenses under Section 65 of the Land Transport Act.
- **Information and Education:** On the physical, psychological and social impacts of alcohol and drug abuse/misuse.
- **Referrals:** Can be made to a range of services which may be required e.g. budgeting, social skills group, cultural groups, withdrawal management.
- **Referrals to Residential Programmes:** Some people may require a referral to a residential programme in order to make the changes they have identified.
- **Opiate Substitution Treatment:** Drug users with opiate dependency may be assisted with the Opiate Substitution Treatment Programme eg Methadone and Suboxone.
- **Support Groups:** Groups for men and women.
- **Withdrawal Management:** Alcohol and Drug Service. There is assisted withdrawal management available. The liaison/consult service is in relation to all aspects of withdrawal management.