

E PĒWHEA ANA TŌ ORA? HOW'S YOUR HEALTH?

TARANAKI WHĀNUI, HE ROHE ORANGA • TARANAKI TOGETHER, A HEALTHY COMMUNITY

JUNE 2016

He hui whakaritenga tāu ki te hōhipera?

Kia pūmaharatia, he mana tō te kupu, he mana tō te kōrero!

Got an appointment up at the hospital? A 'no show' is a NO GO!



Have you or anyone you know had an appointment at the hospital for a health check but didn't go? This is what we call a DNA which stands for "Did not attend".

HE MEA NUI NEI TE TAE Ā-TINANA ATU KI NGĀ HUI WHAKARITENGA?

Why is it important to go to an appointment?

If an appointment has been made for you or a whānau member at the hospital, usually it's an "Outpatient" appointment, it means something needs to be checked out.

It's important to go to an appointment that's been made for you (or a whānau member) so that if help is needed, you get it before it gets worse. The worse it gets, the harder it is to fix. The harder it is to fix, the more it will affect you and your whānau. So please whānau, spread the word, a no show is a no go!

NGĀ HUI WHAKARITENGA MŌ NGĀ TAMARIKI MOKOPUNA



Appointments for children

It is so important to get tamariki / mokopuna to their appointments. Their healthy futures depend on getting ears, eyes, teeth, lungs and bodies checked and if any problems are found, getting these sorted out early. Make sure to get your tamariki / mokopuna to their appointment so they get the best start in life!

ANEI HE MAHI MĀU?

What you can do:

When you receive your appointment card:

- Check the DATE and TIME. There will also be contact details for the clinic
- Ring and CONFIRM that you will attend, or RESCHEDULE if this time does not suit you
- If you don't know what the appointment is for, ring and ask
- Whānau tautoko is welcome, bring a support person if you want to



If you, or any of your whānau have an appointment at the hospital but you know you can't attend, **please ring us** at least two days before so you can arrange another appointment and your appointment can be given to someone else that needs it. If transport's a problem or if you are worried about what to expect just **call us and have a chat**, we are here to help. You can phone us on (06) 753 6139. Ask for a Kaimahi Hauora in the Māori Health Unit if you'd like help through the systems at the hospital.

- There are over **35 different kinds of outpatient clinics** that are held at Taranaki Base and Hawera Hospital every week!

**HE MŌHIO
RĀNEI KOE?
Did you know?**

- There are over 120 people that have an appointment in surgical outpatients alone, per day
- Some people with appointments don't come to their appointments. There are many reasons for this
- When people don't turn up to their appointments, this is time doctors and nurses could have spent caring for other people
- An **outpatient** is the word we use for a person that comes to hospital for a health check and does not have to stay in hospital. An **inpatient** is the word we use for a person that has to stay in hospital.
- There is no cost for appointments at hospital outpatient clinics

www.tdhb.org.nz

We hope the information in this panui is helpful. If you have any feedback or questions please email Ngamata.Skipper@tdhb.org.nz or phone the Taranaki DHB Māori Health Unit on (06) 753 6139. We also welcome you to call in and see us, next to the Whaiora at Taranaki Base hospital.



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