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Board Members:

P Lockett
N Volzke
A Brown
R Bruce
H Duynhoven
B Gibson – Deputy Chair
R Handley
T A Hohaia - Chair
D Lean
K Nielsen
A Tamati
P Bodger

Management:

Chief Executive
General Manager Finance / Commercial
General Manager Planning, Funding &
Population Health
Chief Operating Officer
Chief Advisor Maori Health
Chief Medical Advisor
Quality Risk Manager
Director of Nursing
PA to Board
Internal Auditor

Advisors:

C Gates-Thompson, Media Advisor
P Franklin, Legal Advisor
S Mason, Relationship Manager, MoH

Agenda available on Taranaki DHB website
(www.tdhb.org.nz)



AGENDA

**COMMUNITY & PUBLIC
HEALTH ADVISORY
COMMITTEE/DISABILITY
SUPPORT ADVISORY
COMMITTEE**

ORDINARY MEETING

**Wednesday 26 September 2018
1.00pm**

**Corporate Meeting Room 1
Taranaki Base Hospital
David Street
NEW PLYMOUTH**



COMMUNITY PUBLIC HEALTH ADVISORY COMMITTEE and DISABILITY SUPPORT ADVISORY COMMITTEE

Wednesday 26 September 2018
1.00pm

Corporate Meeting Room 1
Taranaki Base Hospital
David Street
NEW PLYMOUTH

		Action
1	<p>Meeting Opening – Karakia</p> <p>Kia Uruuru Mai</p> <p>Kia uru-uru mai a hau-ora, a hau-kaha, a hau-māia ki runga, ki raro, ki roto, ki waho rire-rire hau, pai marire</p>	
2	<p>Apologies <u>Resolution</u> <i>That the Community Public Health Advisory Committee and Disability Support Advisory Committee receive and note any apologies.</i></p>	
3	Public Comment	Verbal
4	<p>Interest Register</p> <ul style="list-style-type: none"> Members to verbally advise all changes to the interest register, and amend the register circulated; and Members to verbally advise the Chair of any conflict with any matter that is part of the agenda papers. 	<p>Verbally advise Chair</p> <p>Verbally advise Chair</p>
5	Chairman's Report	Verbal
6	Attendance Schedule	Noting
7	<p>Presentation – Asian Pacific Conference on Integrated Care (Brisbane 2018) Presenters: Pauline Lockett, Gillian Campbell, Wendy Langlands</p>	Noting

9	<p>Minutes – CPHAC/DSAC Meeting 9.1. Minutes of Meeting held on 25 July 2018.</p> <p><u>Resolution</u> <i>That the Minutes of the Community Public Health Advisory Committee and Disability Support Advisory Committee meeting held on 25 July 2018 be received as a true and accurate record.</i></p> <p>9.2 Matters Arising</p>	Resolution
10	General Business	
11	<p>Date of Next Meeting Next meeting 28 November 2018 (Venue TBC)</p>	Noting
	<p style="text-align: center;">Karakia</p> <p style="text-align: center;">Kia Uruuru Mai</p> <p style="text-align: center;">Kia uru-uru mai a hau-ora, a hau-kaha, a hau-māia ki runga, ki raro, ki roto, ki waho rire-rire hau, pai marire</p>	

Attendance Records 2018 - 2019
Taranaki DHB Community Public Health Advisory Committee Meetings

Date	25/07/2018	26/09/2018	28/11/2018	00/03/2019	00/05/2019	TOTAL
CPHAC						
Pauline Lockett	✓					
Alison Brown	✓					
Rose Bruce	✓					
Harry Duynhoven	✓					
Bev Gibson	✓					
Richard Handley	✓					
Te Aroha Hohaia - Chair	A					
David Lean	✓					
Kevin Nielsen	✓					
Aroaro Tamati	A					
Neil Volzke	✓					
Co-Opted						
Pat Bodger -TWPK	✓					

KEY	
✓	Attended
A	Apology
LOA	Leave of Absence
AB	Absent



COMMUNITY & PUBLIC HEALTH / DISABILITY SUPPORT ADVISORY COMMITTEES

MINUTES – PUBLIC (Unconfirmed)

Wednesday 25 July 2018

1.00pm

Corporate Meeting Room 1

Taranaki District Health Board

David Street

NEW PLYMOUTH

Present

Bev Gibson (Chair), Alison Brown, Rose Bruce, Harry Duynhoven, Richard Handley, David Lean, Pauline Lockett, Kevin Nielsen and Neil Volzke.

In Attendance

Rosemary Clements (Chief Executive), Becky Jenkins (General Manager Planning, Funding & Population Health), Ngawai Henare (Chief Advisor M ori Health, Patsy Bodger (TWPK representative) Cressida Gates-Thompson, Tammy Taylor (Minute Taker).

Keith Allan

Invited Attendees:

Channa Perry, Marnie Reinfelds, Jean Hikaka, Te Haupai Korewha

1019.0 Welcome

The meeting was opened by Ms Gibson.

1020.0 Apologies

The apologies from Aroaro Tamati and Te Aroha Hohaia (Committee Members) were received and noted.

*Nielsen/Duynhoven
Carried*

1021.0 Public Comment

Nil

1022.0 Interest Register and Conflicts of Interest Register

Members were asked to verbally advise all changes to the Interest Register and amend the register circulated; and members to advise the Chair of any conflict with any matter that is part of the agenda papers. One change was noted as per the below:

Pauline Lockett – Ngati Te Whiti Whenua Trust: Appointed as Chairperson.

1023.0 Chair's Report

Ms Gibson noted the purchase of Patea Medical Centre by Ngati Ruanui Holdings.

1024.0 Attendance Schedule

The attendance schedule was noted and updated as required.

1025.0 Presentation: Hap W nanga

Presenters – Marnie Reinfelds, Ngawai Henare, Jean Hikaka and Te Haupai Korewha

Ms Henare passed on the apologies of Tawera Trinder and Sharron Wipiti (Independent M ori Midwives) who were hoping to attend this presentation.

A full copy of the presentation is included at the end of the Minutes.

Key Points and Discussion:

Project Development

- Waikato DHB's M ori Health Unit, Te Puna Oranga, led the development of Hap W nanga as a regional initiative because of the obvious gap in culturally appropriate antenatal education in the region. Each Midland DHB had representatives contributing to the curriculum for the programme.
- Taranaki DHB is the first DHB outside of Waikato to deliver Hap W nanga, with Lakes initiating the programme recently.
- A review was undertaken around antenatal education to see what options existed in Taranaki and to what extent M ori and young mothers were accessing antenatal/parenting programmes. (Findings outlined in slide presentation.)
- Hap W nanga was seen as an acceptable model and the programme was modified from that used in Waikato to include Taranaki tikanga

Taranaki Pilot

- Two Independent Midwives, Sharron Wipiti and Tawera Trinder were engaged to deliver the pilot programme in Taranaki. These women are highly connected in community as well as respected midwives.
- Two w nanga have been held to date - Bell Block (Mururaupatu Marae) and Hawera (Tahu Potiki Centre) and are run over two days.
- Tikanga based activities are offered which helps bonding with participants. These activities are the crux of Hapū W nanga and include creating Muka ties (a flax fibre for tying around umbilical cord) which fathers are encouraged to do; massage, and making clay pots for placing the placenta.
- The target is to reach 60 young M ori mothers by September through the pilot programme.
- The mothers all get a wahakura, blankets, clothing, muslin wraps, oils and lotions to take away with them.
- In terms of immunisations and breastfeeding information on both of these are shared at the W nanga and highlights the services that are available locally, as well as information on oral health and nutrition.
- 95% of all registrations are received via the TDHB website. Through those registrations, information is collected that helps identify issues such as not being registered at a GP practice, smoke free status etc.

- Participants found the comfort of a marae-like setting made it easy to relax and learn and the atmosphere made it easier for participants to engage.
- Whakawhanaungatanga (relationships) developed naturally and was an important feature to practice tikanga and enable future relationships through networking.

Follow Up and Evaluation

- 90% the participants have now given birth and all have incorporated tikanga M ori birthing techniques learnt at the Hap W nanga.
- One of the positive outcomes of the w nanga has been connecting young mothers to services – e.g. five women enrolled with “GP unknown” and these women were reconnected to GP services at the start of the programme, this will also help with immunisation rates.
- An evaluation of the pilot is being done. Evaluation methods include an Evaluation Form to participants and a Post-It Note evaluation board that was up at each session. This was a valuable ‘real time’ evaluation to find out what information participants were leaving with.
- A full evaluation of the pilot is due to be completed by the end of the year. A follow up will also be undertaken with participants early 2019. The Committee felt it would be valuable to have another presentation to run through the evaluation results

Next Steps

- The question was asked how this will be rolled out widely following such a successful pilot. Tui Ora, Ngati Ruanui and Nga Ruahinerangi are very supportive of the programme and the women and have made a commitment to supporting Hap W nanga in the future.
- Following the pilot, there is still some learning to be done and slight tweaking with the programme as lessons are learnt.
- It was suggested that contact be made with the Miscarriage Clinic to ensure they know about Hap W nanga and what it offers.
- In terms of an opportunity for young mothers to learn about pathways for continuing their own education - this is not actively done but could easily be linked in the future
- Mr Volzke mentioned the Teen Parenting Unit based in Stratford which appears to be under utilised and wondered if this Unit could be linked into Hap W nanga.
- Funding for the programme is currently through the DHB via funding from the MoH for SUDI and Tobacco. The DHB is looking at a sustainable funding source for next year. It is a relatively low cost intervention for high value outcomes.

Mrs Gibson thanked the presenters and felt there was significant value in having this programme led by M ori to reach young M ori mothers.

1026.0 Minutes of Previous Meeting

Resolution

That the Community and Public Health Advisory Committee and the Disability Support Advisory Committee resolve to accept the Minutes of the meeting held on 30 May 2018 as a true and accurate record.

Neilsen /Bruce

Carried

The Task List was updated accordingly.

1027.0 General Business

Nil

1028.0 Next Meeting

The date of the next meeting is Wednesday 26 September 2018. The venue will be Corporate Meeting Room 1, Taranaki DHB, unless advised otherwise.

1029.0 Hap W nanga Presentation

As referred to in item 1025.0, the presentation follows.

The meeting closed at 2.10pm.

Hapū Wānanga Taranaki

CPHAC HUI

25 Hōngongoi 2018



Hapū Wānanga

Context

Indicator	Target	Period	Taranaki (European/Other)	Taranaki (Māori)	Gap ¹	Bay of Plenty (Māori)	Waikato (Māori)	Tairāwhiti (Māori)	Lakes (Māori)
PHQ Enrolment	90	Jul-Sep 2018	96.0	87.0	9	95.0	94.0	101.0	101.0
ASH (0-4 yrs)	-	Yr to Sep 17	6303	8154	1851	7426	8841	7960	8292
ASH (45-64 yrs)	-	Yr to Sep 17	4492	8747	4255	7607	9347	6092	8444
Breastfeeding (6 wks)	75	Jan-Jun 2017	73.0	63.0	10	72.0	65.0	66.0	65.0
Breastfeeding (3 mths)	70	Jan-Jun 2017	59.0	43.0	16	48.0	45.0	37.0	42.0
Breastfeeding (6 mths)	65	Jan-Jun 2016	58.0	45.8	12.2	53.6	49.1	55.4	57.7
Breast Screening (50-69 yrs)	70	Jan-Mar 2018	76.9	60.6	16.3	60.5	57.9	67.4	64.5
Cervical Screening (25-69 yrs)	80	Jan-Mar 2018	82.5	75.6	6.9	70.5	67.4	70.3	72.9
Immunisation (6 mths)	95	Jan-Mar 2018	88.2	83.3	4.9	84.5	83.5	80.9	89.9
Immunisation (Influenza)	75	Mar-Aug 2017	52.7	42.1	10.6	53.6	47.4	53.6	32.0
Mental Health	-	Year to Dec 2017	85	190	105	176	455	304	392
Oral Health	95	Jan-Dec 2016	79.0	81.4	19.6	67.3	72.0	95.7	88.1
Rheumatic Fever	0.4	2016	null	null	0	4	1	null	5.8
SUDI	-	2012-2016 combined	0.6	1.55	0.95	0.61	1.75	2.37	1.18

Trendly: Promoting High Performance in Life

Whakapapa

The journey so far.....
'Mai Waikato,
ki Taranaki'

Hapū Wānanga



Māori women were less likely than Pākehā women to participate in antenatal classes...

...In earlier research, Māori women expressed preferences for culturally relevant antenatal education that is: held in culturally appropriate venues; integrates customary Māori practices (e.g. mirimiri and karakia) and a focus on spiritual needs; takes a more informal approach; includes whānau; is delivered by Māori women and; provides opportunities to share experiences, including those of older women.

The Hapū Ora Report (Moewaka-Barnes et al, 2013)

Antenatal education review

Background

- To determine whether existing antenatal/parenting programmes were meeting the needs of Māori and young mothers, as priority population groups for the TDHB
- To what extent Māori and young mothers were accessing the current antenatal/parenting programmes
- To explore the potential of the Hapū Wānanga programme for the Taranaki region (as either an alternative, or an addition to, the current antenatal/parenting programmes) to more effectively meet the needs of Māori in particular
- To assess the future workforce development and training needs to deliver the Hapū Wānanga programme if this was implemented in Taranaki
- To identify potential to contract for antenatal/parenting programmes in a more sustainable and cost effective way

Antenatal education review

Findings

- High number of courses were provided (48 per year) but average utilisation was low (4-8 attendees per group, including support people)
- Attendance by Māori (2-6%) and young mothers (5%) was particularly low
- \$208-417 per participant, including support people, depending on average attendance numbers).
- Review of birthing data demonstrated that Hawera South and Waitara (areas of high deprivation) had the highest birthing rate for young mothers (<25 years) and Māori in 16/17
- Consumer interviews with Māori women found that a small percentage had attended an antenatal/parenting group
- Hapū Wānanga appeared to be an acceptable model

Introducing the facilitators



Sharron Wipiti & Tawera Trinder
Independent Māori Midwives

111

Hapū Wānanga

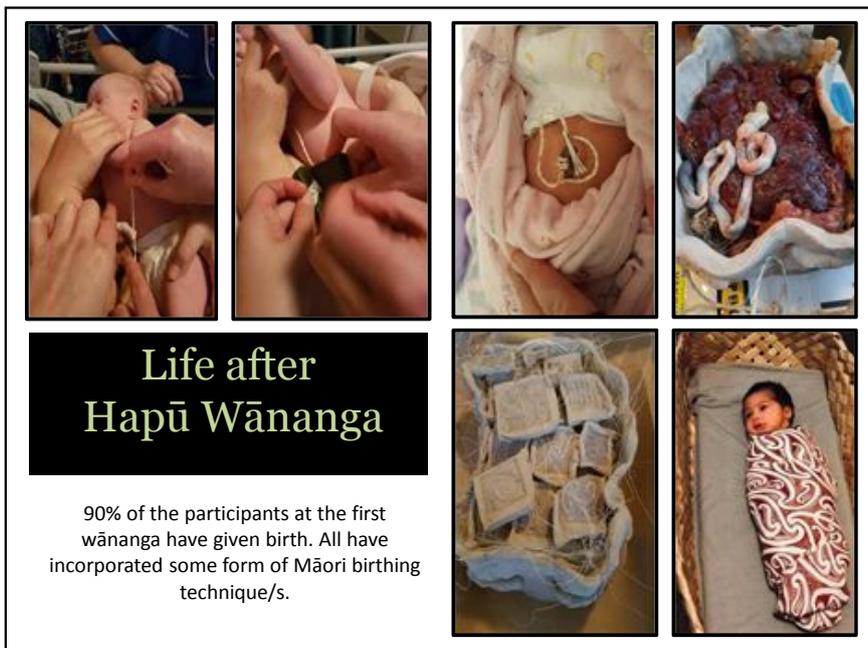
North and South Taranaki



Slide 8

TT1 Tawera Trinder, 23/07/2018





Referrals

Hapū Wānanga

A FREE, kaupapa Māori labour, birth and parenting programme designed for young pregnant women and their families/whānau in Taranaki.

The Hapū Wānanga Programme is an interactive and fun programme run over two days.

- Unique mix with each whānanga
- Time: 9am - 5pm
- Duration: Two days

AUGUST - NOVEMBER WORKSHOPS

Waiwera
Wednesday/Thursday 8-9 August
Time: 9:00 - 5:00pm
Venue: Kōwhiri Church, Waiwera

Paritutu
Saturday/Sunday 1-2 September
Time: 9:00 - 5:00pm
Venue: TBC - keep an eye out for a confirmed venue

Howera
Wednesday/Thursday 17-18 October
Time: 9:00 - 5:00pm
Venue: TBC - keep an eye out for a confirmed venue

Other
Wednesday/Thursday 21-22 November
Time: 9:00 - 5:00pm
Venue: TBC - keep an eye out for a confirmed venue

What is involved?

Preparing for labour, birth and parenthood can sometimes be overwhelming. The Hapū Wānanga Programme is an interactive and fun programme that has been designed to provide you and your whānau with the best information and skills needed to be ready for birth and parenthood.

Over the two days, you will hear from interesting speakers, participate in interactive workshops with all kinds of props, link with other like-minded people and you may even win a prize or two for your effort!

What is provided in the programme?

All meals from morning tea to afternoon tea will be provided. If you complete both days, you will receive a certificate, Matia & Popp Pack with heaps of free goodies and a welcome safe sleep device.

Evaluation Methods

**Evaluation project for Hapū Wānanga
Māori Health Team**

PARTICIPANT CONSENT FORM - Whānau participant

Tēnā koe,

You are participating in a Hapū Wānanga being funded by the TDHB. The goal of the Hapū Wānanga is to increase opportunities for whānau Māori to access quality and culturally appropriate antenatal education, and therefore improve whānau health.

As part of our obligation to ensure we achieve the best outcomes for whānau, we have to evaluate how well the programme has worked for you and your whānau. This will enable us to make positive changes to future programmes, if necessary.

We will therefore need to use the information we collect from you at the wānanga in this evaluation. This will include your attendance records, the questionnaire you will fill out at the end of the wānanga, and feedback recorded on butcher paper and sticky notes. We may also contact you after your baby is born to come to a focus group hui to talk about how the wānanga may have helped your whānau with your new pēpi.

You do not have to participate in the evaluation part of the wānanga, but if you do, this information will be used to write an evaluation report for the TDHB. Please know that we won't use your name in the report, and ensure that your mana is respected at all times. If you have any questions, you can contact Jean on 7536139 Ext 8814 or jean.hikaka@tdhb.org.nz

(tick if you agree)

I agree to participate in the evaluation of the Hapū Wānanga programme.

I agree to use of my information for evaluating how well the programme has worked for me.

Tēnā koe. He mihi nunui ki a koe i to haerenga mai ki tēnei wānanga. Thank you for choosing this wānanga as part of your antenatal journey. Please answer the following questions to check that we are always improving.

Q1: How did you find out about Hapū wānanga ?

My midwife
 Facebook
 Told by friend or family?
 Other _____ (please tell us)

Q2: How would you rate the venue?

1	2	3	4	5
Awesome	Good	Ok	Poor	Really poor

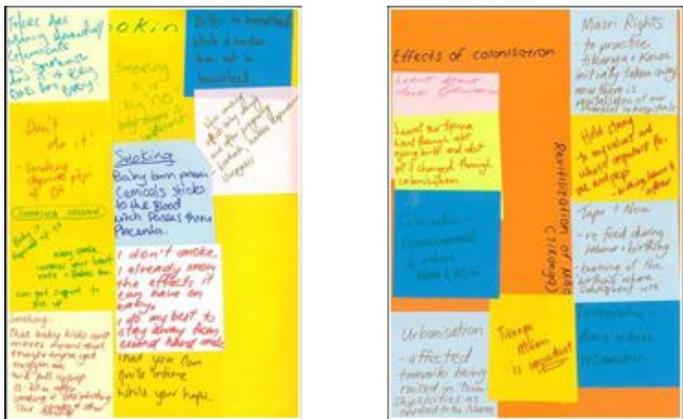
Q3: What did you like most about the wānanga?

Q4: What didn't you like about the wānanga?

Q5: Did you learn anything new by coming to this wānanga? Yes No
(please tick)

If you're answer was yes, could you tell us some of the things that were new to you?

Sticky note evaluation



Feedback

Evaluation Findings to date

- 2 wānanga completed Bellblock (Mururaupatu Marae) and Hawera (Tahu Potiki – Centre)
 - 22/25 said the venue was “awesome!”
 - 16 māmā participants plus whānau =25 all together
 - Guest speakers include: smoking cessation, immunisation, a dietician for nutrition and Wise Better Homes. Midwives cover the other topics such as breastfeeding, safe sleep, Māori birthing practices, etc
 - 13/16 women are smoke free
 - 11/16 women have a GP
 - Facebook and cell phone are the preferred methods of contact
 - Majority of the participants found out about the wānanga mostly through their midwife or Facebook. Some found out through whānau.
- *Breastfeeding. What to expect when giving birth at the hospital and if something goes wrong. A lot more about the culture which was amazing. A lot more was/is a great programme to come along too.*
- *That any breast milk is good.*
- *Services that are available. Traditional Māori birthing techniques. New skills and resources.*

Ngā Mihi

Thank you to everyone who has contributed to the development of the Hapū Wānanga bringing this awesome kaupapa to our maunga.

Thank you.

He mihi maioha ki a koutou katoa.

Hapū Wānanga



TDHB Community & Public Health Advisory /Disability Support Advisory Committee Task List						
Action No	Date Raised	Action Description	Status	Assigned	Due Date	Updates